

Pathway to the Heart

HEALING TOUCH ASSOCIATION OF CANADA WEBINAR SERIES

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Healing Racism

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This presentation aims to focus our healing skills and heart centred awareness for healing racism by breaking the code of silence and becoming aware of the effects of white privilege. Many racist behaviours are unconscious. Learning about the role of trauma, microaggressions, white fragility and hidden bias can help start conversations. Self Care and supporting each other can help shift behaviour as we work toward creating a respectful and healthy global society where all people are valued.



Register Here:

<https://us02web.zoom.us/j/3513418929?pwd=eXoxUjY3d2MyL1pPSnd3OWROdDZWUT09>

PASSWORD: HTAC

Visit the HTAC Website for more information

<https://healingtouchassociation.ca/>

